

Semester-V

Programme	BSSW	Course Code	SCW-301	Credit Hours	3
Course Title	Social Case Work				
Course Introduction					
<p style="text-align: center;">This course is designed to enhance the basic generalized theoretical knowledge in the perspective of professional casework. The course tries to give a theoretical framework to guide the knowledge, skill and attitude of students. This course introduces the theoretical concepts, objectives, purpose, scope and historical development of social case work. It provides knowledge of components and process, approaches and application of social case work in practical settings.</p>					
Learning Outcomes					
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> 1. Develop abilities to critically analyze problems of individuals. 2. Look over the factors affecting the individuals. 3. Develop the ability of establishing and sustaining a working relationship with the client. 4. Be able to use different approaches/methods of social case work in practical life. 5. Be able to know how a professional case worker works. 					
Course Content					Assignments/Readings
Week 1	<p>Unit-I 1.1 Social case work 1.1.1 Concepts, objectives, purpose, its importance; 1.1.2 Nature and scope, 1.1.3 Techniques 1.1.4 Historical development.</p>				
Week 2	<p>1.1.5 Socio-cultural factors affecting the case work practice in Pakistan. 1.1.6 Relationship with other methods of social work and skills in social case work. 1.1.7 Authority of social case worker 1.1.8 Roles of social case worker.</p>				
Week 3	<p>Unit-II 2.1 Case-worker client relationship 2.1.1 Meaning, purpose/ needs/ significance and elements 2.1.2 Characteristics of professional relationship 2.1.3 Empathy, 2.1.4 Transference and counter transference, 2.1.5 Resistance, 2.1.6 Sustaining the relationship, 2.1.7 Non-possessive warmth, genuineness and self-disclosure; 2.1.8 Obstacles in client worker relationship.</p>				
Week 4	<p>Unit-III 3.1 Case work and communication</p>				

	<p>3.1.1 Concept, purpose, importance, 3.1.3 Principles, 3.1.3 Elements in communication process, 3.1.4 Types of communication skills 3.1.5 Importance of listening, observing and feedback, 3.1.6 Communication barriers and ways to overcome them. 3.1.7 Importance of Interpersonal Relationship/Communication (IPR), Purposes of communicating, motivations for communication, Perception and thinking patterns, bias and attitudes, Verbal and nonverbal responses, listening responses, clear and complete expression of intent.</p>	
Week 5	Assignment/case study	
Week 6	<p>Unit-IV 4.1 Approaches to Social Case Work 4.1.1 Task-Centered Approach</p> <ul style="list-style-type: none"> • Background • Characteristics • Practice approach <p>4.1.2 Social-Psychological Approach</p> <ul style="list-style-type: none"> • Psycho-social study • Diagnosis • Treatment <p>4.1.3 Problem Solving Approach</p> <ul style="list-style-type: none"> • Understanding • Key principles • Steps • Benefits • Challenges <p>4.1.4 Integrated Approach of Practice</p> <ul style="list-style-type: none"> • Understanding • Concept • Holistic approach 	
Week 7	<p>Unit-V 5.1 Interview in Social Case Work 5.1.1 The helping relationship</p> <ul style="list-style-type: none"> • Building relationships, • Setting goals, • Relationship enhancement variables, • Issues affecting helping <p>5.1.2 Purpose of Interview</p> <ul style="list-style-type: none"> • Assessment, • Planning, • Intervention <p>5.1.3 Structuring the interview</p> <ul style="list-style-type: none"> • Establish a productive climate, • Analytically, 	

	<ul style="list-style-type: none"> • Probing thoughtfully, • Motivating the interviewee, • Controlling the interview, • Closing the interview <p>5.1.4 Conceptualizing and understanding Interviewee's Problems</p> <ul style="list-style-type: none"> • Defining problems, • Soliciting their understanding and agreement to participate in resolution, • Implementation of plans, • Set outcome goals <p>5.1.5 Recording of Social Case Work</p> <ul style="list-style-type: none"> • Recording and its types - narrative, process, problem-oriented record keeping (PORK), • Subjective-objective assessment plan (SOAP), • Use of case work records as tool of intervention. 	
Week 8	<p>Unit-VI</p> <p>6.1 Principles of Social Case Work</p> <p>6.1.1 Principle of Request,</p> <p>6.1.2 Principle of Acceptance,</p> <p>6.1.3 Principle of Participation,</p> <p>6.1.4 Principle of Confidentiality,</p> <p>6.1.5 Principle of Self-Determination,</p> <p>6.1.6 Principle of Individualization,</p> <p>6.1.7 Principle of Communication,</p> <p>6.1.8 Principle of Self Awareness.</p> <p>Unit-VII</p> <p>7.1 Process of Social Case Work</p> <p>7.1.1 Intake (First Interview)</p> <p>7.1.2 Rapport Building,</p> <p>7.1.3 Psycho-social study (Exploration/Investigation),</p> <p>7.1.4 Psycho-social Diagnosis (Assessment),</p> <p>7.1.5 Intervention/Treatment (Problem solving Process),</p> <p>7.1.6 Monitoring and Evaluation,</p> <p>7.1.7 Follow-up and Termination</p>	
Week 9	Mid-Term Exam	
Week 10	<p>Unit-VIII</p> <p>8.1 Components of Social Case Work</p> <p>8.1.1 Person,</p> <p>8.1.2 Problem,</p> <p>8.1.3 Place,</p> <p>8.1.4 Process,</p> <p>8.1.5 Professionalism</p>	
	<p>Unit-IX</p> <p>9.1 Case work and counselling</p> <p>9.1.1 What is counselling?</p> <p>9.1.2 Methods</p>	

	<p>9.1.3 Types</p> <p>9.1.4 Principles of counselling</p> <p>9.1.5 Goals of counselling</p> <p>9.1.6 Relationship between casework and counselling</p> <p>9.1.7 Phases of counselling</p> <p>9.1.8 Techniques of counselling</p> <p>9.1.9 Need for counselling in case work</p> <p>9.1.10 Integrated approach in case work</p>	
Week 11	<p>Unit-X</p> <p>10.1 Code of ethics of Social Case Work in Practice of Social Work</p> <p>10.1.1 values</p> <p>10.1.2 Purpose</p> <p>10.1.3 Ethical principles</p> <p>10.1.4 Social worker's ethical responsibilities to clients</p> <p>10.1.5 Social worker's ethical responsibilities to colleagues</p> <p>10.1.6 Social worker's ethical responsibilities in practical settings</p> <p>10.1.7 Social worker's ethical responsibilities as professionals</p> <p>10.1.8 Social worker's ethical responsibilities to the Social Work profession</p> <p>10.1.9 Social worker's ethical responsibilities towards broader society.</p>	
Week 12	<p>Unit-XI</p> <p>11.1 Social Work and Case Management</p> <p>11.1.1 Definition</p> <p>11.1.2 Goals</p> <p>11.1.3 Tasks and Functions</p> <p>11.1.4 Standards for Client, System and Case Manager</p> <p>Unit-XII</p> <p>12.1 Fields of Social Case Work</p> <p>12.1.1 Medical Social Work</p> <p>12.1.2 Psychiatric Social Work</p> <p>12.1.3 School Social Work</p> <p>12.1.4 Social Case Work with persons with disabilities</p> <p>12.1.5 Social Case Work with drug dependents</p> <p>12.1.6 Social Case Work with senior citizens</p> <p>12.1.7 Social Case Work with Children</p> <p>12.1.8 Social Case Work with Displaced Persons</p>	
Week 13	<p>Unit-XIII</p> <p>13.1 Theories in Social Case Work</p> <p>13.1.1 Social Learning Theory</p> <p>13.1.2 Ecological Systems Theory</p> <p>13.1.3 Psychosocial Development Theory</p> <p>13.1.4 Psychodynamic Theory</p>	

	13.1.5 Social Exchange Theory 13.1.6 Rational Choice Theory	
Week 14	Presentation/FGDs	
Week 15	Unit-XIV 14.1 Case Studies in Social Case Work	
Week 16	Unit-XV 15.1 Scope of Social Case Work in Pakistan 15.1.1 Healthcare 15.1.2 Education 15.1.3 Mental Health 15.1.4 Women welfare	
	15.1.5 Child welfare 15.1.6 Elderly welfare 15.1.7 Community Development 15.1.8 Advocacy	
Week 17	Unit-XVI 16.1 Trends and Issues in Social Case Work Practice in Pakistan	
	Unit-XVII 17.1 Dealing with Conflict and Dilemmas in Social Case Work Practice	
Week 18	Final Term Exam	
Textbooks and Reading Material		
<ol style="list-style-type: none"> 1. Deve, R. & Prakash, R. (2014). Social Work Methods, Practices and Perspective. Jaipur. Mangal Deep. 2. Goldberg, E. M., & Neill, J. E. (2021). <i>Social work in general practice</i>. Routledge. 3. Ife, J., Soldatić, K., & Briskman, L. (2022). <i>Human rights and social work</i>. Cambridge University Press. 4. Janet, S. (2005). <i>Counselling Skills in Social Work Practice</i>. Open University Press, Buckingham. Philadelphia. 5. Khalid, Muhammad. (2014). <i>Social Work: Theory and Practice</i>. Kifayat Academy. Karachi. 6. Mathew, G. (1992). <i>An Introduction to Social Case Work</i>. Tata Institute of Social Science. Bombay. 7. Vickery, A. (2021). Social casework. In <i>integrating social work methods</i> (pp. 116-134). Routledge. 8. Youngusband, E. (Ed.). (2021). <i>New Developments in Casework: Readings in Social Work, Volume 2</i>. Taylor & Francis. 		
Teaching Learning Strategies		
<ol style="list-style-type: none"> 1. Lectures 2. Power point presentations 3. In-class activities 4. Group-discussions 5. Readings 		
Assignments: Types and Number with Calendar		